



2020-21 C.D.W. Board Governor Paul Scudds

Governor Elect Darrell Blackwell

Immediate Past Governor Sue Gibson

#### Past Governor Director

Joyce Evans Agincourt, Don Mills, Kawartha Lakes

#### **Area Directors**

Bruce Davey Halton, London-Middlesex, Toronto Lung Marlyne Van Exan Barrie, Dundas, Midland, Oakville

District Secretary Pat McKinney

District Treasurer Sue Gibson

Judge Advocate Bill Hiscott



#### **Governor's Message**



Wow it's been one year since the Corona Virus Pandemic was announced and the land borders to the United States closed to everything except essential services. We have experienced one lock down after another.

Many of our projects and services have been curtailed due to government restrictions and long-term care homes closing the door to nonessential workers and visitors. As well as any venues where people may gather including restaurants, arenas, and gyms.

Everyone should have heard of the proposed changes to the Civitan International Bylaws and Articles of Incorporation.

For Canada it does not make any sense for the proposal to remove Districts and realign Regions placing Canada in a region with many American States. I hope that everyone was able to attend one of the Town-hall meetings on ZOOM. If not https://civitan.org/renewby22/ is the website outlining the proposals which have to be voted on at the Civitan International Convention. The Bylaws have to be voted on as a whole and the deck is stacked for it to be passed in July. Civitan International does not take into account that the Canadian US Border is closed due to the pandemic and that probably no Canadians will be in attendance. Civitan International has made it quite clear that they do not care what Canadians think. One International Director at an International Board meeting, I attended actually said "Why should we care what Canada thinks.".

The removal of Districts would severely hamper the Clubs in Canadian District West. Clubs would have to arrange for their own insurance that is now being provided by District. I understand from someone in the insurance business that the cost would probably be in the neighborhood of 4-5 thousand dollars per club depending on their projects. Canada would virtually have no say in a Region made up of mostly American clubs. I see this as a power grab by International to control everything at a club level without having Districts to contend with.

Many clubs rely on income from Claxton Fruit Cake sales. Without District every club would be on their own for ordering cake which may be cost prohibitive for individual clubs for transport and storage costs.

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#### Governor's Message-continued

If anyone or any club wishes to speak with me, I am available individually or for club ZOOM meeting.

We will be having a District Meeting / Convention on May 8<sup>th</sup> on ZOOM. Please register for this meeting where we will be discussing the proposed changes to Districts and Regions and how we will deal with this as a District and Region.

#### I am available to talk to anyone about any Civitan issues.

Governor Paul Scudds



#### THERE WILL BE NO 2020-21 HONORARY CANADAIN



MEGAN MINDEL

# Club Development Specialist

Megan Mindel has left Civitan International. Megan's last day was February 25<sup>th</sup>. Megan had been with us for more than three years, in the membership department tackling various roles. We certainly wish her well.

You The Best hing







To read the PURPOSED CHANGES TO CIVITAN INTERNATIONAL BYLAWS

CHANGES ARE COMING

see how the changes will affect you get answers to the frequently asked questions

go to: http://civitan.org/renewby22/

#### CIVITANS Do You Just Belong?

Are you an active member; The kind that would be missed? Or are you just contented That your name is on the list? Do you attend the meetings And mingle with the crowd? Or do you stay at home And crab both long and loud?

Do you take an active part To help CIVITAN along Or are you satisfied to be The kind that just belong?

Do you help new members? And make the old one's stick? Or leave the work for just a few And talk about the clique?

Help with hand and heart— Don't be just a member, But take an active part. As elections draw closer Don't be just a member But put your name forth And take an active part.



WORK FOR A CAUSE NOT FOR APPLAUSE. LIVE LIFE TO EXPRESS NOT TO IMPRESS. DON'T STRIVE TO MAKE YOUR PRESENCE NOTICED, JUST MAKE YOUR ABSENCE FELT. Volunteers have Hearts of gold, Helping people, Young and old. Always giving, Always sharing, Volunteers... Are always caring.

# DOING OUR PART TO HELP PEOPLE & NATURE

If you are getting rid of any kind of luggage do not take it to Goodwill. Clean it up and drop it off at your local foster care agency. Foster kids are often asked to transport their belongings from place to place in a trash bag. We can help just a little bit with the self esteem of these young people. REMEMBER as you start your Spring Cleaning



Balloons are great at birthdays, weddings, graduations and more, but once they get loose, balloons can pose a threat to many animals. Birds, turtles and other animals commonly mistake balloons for food, which can **harm or even kill them**.





## TO PREVENT FURTHER SUFFERING AND TRAGEDY

please **cut** your **mask's strings** b efore throwing away the disposable face coverings, similarly to how it's now common practice in many households to snip plastic sixpack rings before discarding them to avoid harming wildlife



## **THINGS TO PONDER**

- 1) If the No.2 pencil is the most popular why is it still No. 2?
- 2) Why do we press harder on the remote control when we know the batteries are weak?
- 3) Why are you "in" a movie but "on" TV?
- 4) What was the best thing BEFORE sliced bread?
- 5) Why do we drive on parkways and park on driveways?
- 6) Why do "fat chance" and "slim chance" mean the same thing?
- 7) Why do British people never sound British when they sing?
- 8) At a movie theatre, which arm rest is yours?
- 9) Why are there no "B" batteries?
- 10) Why do people say "heads up" when you should duck?
- 11) Would a fly that loses its wings be called a walk?
- 12) Why are there Braille signs in the drive-up ATM's?
- 13) What is a "free" gift? Aren't all gifts free?
- 14) Why do feet smell and noses run?
- 15) If Krystal's is open 24 hours a day, 7 days a week, why is there a lock on the door?



# **<u>"STUFF-A-BUS" Guidelines</u>**

#### 6-8 Weeks before the event:

Establish a date, preferably a Saturday

Contact a recipient Charity – (Salvation Army, local Food Bank) with the idea

Contact grocery store – (Foodland, Loblaws, etc.) for permission to park the bus, close to doors, but not obstructing pedestrians or traffic, for the day

Contact School Bus Line to obtain complimentary use of a small bus and driver for the day (approximately 9 to 4 p.m.). (the bus company does not allow the driver to leave)

Contact local media (radio station, newspaper, etc.) for coverage

#### 4 Weeks before the event:

Arrange to have a large banner that states: The Civitan Club's Name and a 'Stuff-A-Bus' add-on to be hung at the store, or if not possible – attached to the bus

Have the Charity arrange to have a banner, or sign, displayed. Also, a container to collect cash donations.

#### 2 Weeks before the event:

Establish a work schedule of 2 hours each for helpers -1 to sort food on the bus, and 2 to hand out flyers, with 1 extra, at the store from 9 a.m. to 3 p.m.- then the bus is driven to the Charity and unloaded.

#### **1 Week before the event**

Get a list of the most needed items from the Charity, for flyers to be posted in the grocery store, to promote the event.

Print smaller flyers, to be handed out to customers at the door, listing the most needed items.

In the case of the Salvation Army, they print the hand-out flyers for us and supply us with the Salvation Army Kettle, for cash donations.

Boxes have to be collected, preferably from the Liquor Store, to be placed on the bus for sorting. Arrangements have to be made in advance for pickup.

#### Day of the event

Set up signage. Load boxes on bus. Meet and greet with flyer handout. Receive donations and put them on the bus. Bus is then driven to the charity drop off spot.

In the case of the Salvation Army, they weigh the donations and get back to us with the total poundage and the total cash donated.

Sandra Baxter Midland Civitan Club 'Stuff-A-Bus' Chairperson



# NATIONAL CELEBRATION DAYS

# APRIL

1st International Pillow Fight Day 2nd National PB&J Day 3rd World Party Day 4th International Carrot Day 5th National Deep Dish Pizza Day 6th National Twinkie Day 7th National No Housework Day 8th Step Into The Spotlight Day 9th National Name Yourself Day 10th International Safety Pin Day 11th National Pet Day 12th National Grilled Cheese Day 13th Scrabble Day 14th Moment of Laughter Day 15th World Circus Day 16th Go Fly A Kite Day 17th Haiku Poetry Day 18th Velociraptor Awareness Day 19th National Garlic Day 20th National Garlic Day 21st Bulldogs Are Beautiful Day 22nd National Jelly Bean Day 23rd National Picnic Day 23rd National Picnic Day 24th National Pigs In A Blanket Day 25th National Mani-Pedi Day 26th Hug A Friend Day 27th Morse Code Day 28th National Blueberry Pie Day 29th International Dance Day 30th International Jazz Day

1st Global Love Day 2nd Take A Baby To Lunch Day 3rd Great American Grump Out 4th National Orange Juice Day 5th International Space Day 6th International No Diet Day 7th Lemonade Day 8th National Have A Coke Day 9th Lost Sock Remembrance Day 10th National Shrimp Day 11th Eat What You Want Day 12th International Nurses Day 13th Brunch For Lunch Day 14th Dance Like A Chicken Day 15th International Day Of Families

# MAY

16th National Mimosa Day 17th National Walnut Day 18th I Love Reese's Day 19th National Pizza Party Day 20th Be A Millionaire Day 21st World Baking Day 22nd Sherlock Holmes Day 23rd Lucky Penny Day 24th International Tiara Day 25th National Wine Day 26th National Cherry Dessert Day 27th International Jazz Day 28th International Hamburger Day 29th National Biscuit Day 30th National Mint Julep Day 31st National Macaroon Day

1st Say Something Nice Day 2nd National Donut Day 3rd Love Conquers All Day 4th National Cheese Day 5th Hot Air Balloon Day 6th Drive-In Movie Day 7th Chocolate Ice Cream Day 8th Best Friends Day 9th Donald Duck Day 10th World Gin Day 11th Corn On The Cob Day 12th Magic Day 13th World Pet Memorial Day 14th International Bath Day 15th National Lobster Day

# UNE

16th Wish Fulfillment Day 17th National Apple Strudel Day 18th International Picnic Day 19th National Pets In Film Day 20th Daylight Appreciation Day 21st National Selfie Day 22nd National Onion Rings 23rd Take Your Dog To Work Day 24th World UFO Day 25th America's Kids Day 26th National Chocolate Pudding Day 27th "Happy Birthday To You" Day 28th INTERNATIONAL CAPS LOCK DAY 29th National Handshake Day 30th Social Media Day





CIVITANS DO YOU HAVE A FAVORITE DAY?



# **Roasted Cabbage Steaks**

These **Roasted Cabbage Steaks** are so easy and delicious. Made with only six ingredients, this simple recipe makes a flavorful snack or side that you're going to just love!

> \*\*\*\*\* 4.74 from 26 votes

Course: Main Course Cuisine: American Prep Time: 10 minutes Cook Time: 25 minutes Total Time: 35 minutes Servings: 4 steaks Calories: 200kcal

#### Ingredients

- 2 small cabbage heads
- 3 tbsp. olive oil
- 1/2 tsp. salt or to taste
- 2 tsp. paprika
- 1 tbsp. garlic powder

#### Instructions

- Cut the stems off the cabbage heads and then cut each one in half, then in half again. You should have four flat discs of cabbage that are about <sup>3</sup>/<sub>4</sub> to 1 inch thick from each head. Place the cabbage steaks on a baking sheet that is lined with parchment paper, allowing some space between each one to even cooking.
- Brush the cabbage with the olive oil, coating them thoroughly. Then generously sprinkle the salt, garlic powder, and paprika on the cabbage steaks. Flip the cabbage over and repeat, brushing them with oil and sprinkling the seasonings. Then add a pinch of red pepper flakes to each one, if desired.
- Bake the cabbage steaks at 400°F for about 25 minutes, until the leaves are browned and the center is tender. Serve hot out of the oven.

#### Notes

## What to serve it with

- · As is. These Cabbage Steaks make a great snack and can be enjoyed all on their own.
- · With pasta. Enjoy this cabbage dish alongside your favorite pasta and sauce.
- With other grains. Quinoa, bulgur, millet, barley, farro, and wheat are just a few of the
  options that this Cabbage Curry tastes great with. I especially love this Spinach Rice.
- Topped with tofu. Diced and sauteed tofu tastes delicious on top of these.
- With other veggies. Riced cauliflower, roasted eggplant, and sauteed mushrooms all go great with roasted cabbage.

## How to store and reheat

To store Roasted Cabbage Steaks, allow them to cool before placing them in a container with a tight lid and refrigerating them. They will stay fresh in there for about 3 days. When you are ready to reheat them, you can either microwave them for a few minutes or place them on a baking sheet to warm in a 350°F oven until they reach the desired temp.

#### Nutrition

Calories: 200kcal | Carbohydrates: 24g | Protein: 5g | Fat: 11g | Saturated Fat: 2g | Sodium: 306mg | Potassium: 651mg | Fiber: 9g | Sugar: 12g | Vitamin A: 427IU | Vitamin C: 134mg | Calcium: 146mg | Iron: 2mg



Not liking



"Six feet apart, but together at heart." Given the challenges of COVID, Canadian District West Juniors chose this theme as our social causes awareness campaign and as such, our district and our individual clubs have been dreaming up ways to stay connected with our communities and each other, while physically isolated.

Since many of our clubs normally meet at seniors' homes, we were looking for a way to stay connected. At Christmas and again at Valentines, the district joined together to make a collection of digital cards, which were then emailed to managers at all of the Chartwell seniors' residences around the province, as well as a few other local homes that our members have connections to. Homes were encouraged to print the cards off and distribute them to residents to make their days brighter and decrease their sense of isolation.

Burlington found a fun way to give back to the seniors in their GrandPals program. Members got together online for a virtual paint party and then the paintings were given to Billings Court to be distributed for resident rooms. They are also hosting a Charity Scavenger Hunt Series raising money for a different charity each month.

Halton held a very successful cookie dough fundraiser and was able to donate \$1000 in support of Community Living Oakville's Stay Connected Program. Since then, they have hosted a few virtual events with Community Living Oakville, as part of their program. They also hosted a Winter Donation Drive for Safety Net a local charity with a focus on newcomers to Canada.

Over the holidays, Dundas members spent time at home baking cookies and cooking up chili for Mark Preece House and assembled gift bags for the teens in Transitional Housing. Since Club 95 hasn't been able to run as usual, we hosted a Virtual Valentines party with the participants. They had great fun playing games and dancing on call together. Up next, a social media campaign aimed at mental health supporting language.

The Virtual All in Summit has just happened, with leadership training from the Disney Institute and lots of opportunity for social interaction. Thanks to the generosity of Civitan clubs, family and friends, Ella Cockburn, our district governor raised over \$3000 and Rachel Stripp, Burlington President and International Vice President raised over \$1000 for the Civitan International Research Centre. Plans are underway for our spring district convention and we are excited to learn more about the work at the CIRC with our guest speaker, Dr.Craig Powell. †Halton holiday helpers

Burlington bringing the birthday cheer

↑ Dundas

digital

dancers

What did the blueberry say to the strawberry on Valentine's day?

I love you berry much!

Happy Valentine's day!

Izzy - Burlington Junior Civitan

**District Virtual Valentine** 

I Junior CIVITAN I Junior CIVITAN I Junior CIVITAN





## Agincourt Civitan Club - #1870 President Rhonda Thomson

The Agincourt Civitan Club is meeting monthly by ZOOM. We are looking at possible online fundraisers and projects. The City of Toronto is in the process of rebuilding the Agincourt Recreation Centre and we hope that COVID will allow us resume the Gliders Skating Club Program in October, 2021. We are still making sure that all of the money from Claxton Fruit Cake Sales has been received. We are showing a profit despite the reduced number of opportunities for sales.

See pictures of party room and kitchen that we use at the Gliders Christmas party and year end party full restored.









AGINCOURT CIVITAN CLUB GETTING DOWN TO BUSINESS VIA ZOOM.

## Don Mills Civitan Club - #746 President Jeff Simpson

## A COVID CHRISTMAS WITH DON MILLS

The Don Mills Civitan Club is highly recognized and respected in our extended Civitan area for being there for individuals and organizations with disabilities or just plain down on their luck. We receive and provide strong support, both physically and financially in our community.

In lieu of a report, please find below a communication sent to our Civitan Family and reports of some of our members delivering some Christmas cheer.

# **The Don Mills Civitan Club**

The Don Mills Civitan Arena, 1030 Don Mills Road, Don Mills Ontario M3C 1P8

Good evening Don Mills hockey families, friends of Civitan, fellow Civitan's and all of our supporters,

We sincerely hope you and your families are healthy, coping well, and navigating the effects of the Covid pandemic well. It has been a long time since we have been able to get together to play hockey, socialize and do our good deeds in the community together.

Although we missed the opportunity to get together in April at our annual banquet, we do continue to help others in our community. Thanks to all of your support in the past, we were still able to support many *Families in Need* this holiday season. Thank you.

After we completed our annual seasonal giving program, we were very fortunate to receive three unsolicited, very generous donations of \$1500, \$4000, & \$5000. We have used these funds to extend our *Families in Need* program and this year it is particularly important.

I have often said to you all that raising funds for charity is tough, (you all do make it easier) but getting those funds into the hands of the needy truly is tougher.

That is, when you have to rationalize where the funds can best help, finding additional need, and seeing firsthand how others do manage and cope with adversity. When one of your recipients tells you, "I rely on the food bank for a box of food that I can carry, but now I am on the waiting list because of Covid", you really challenge yourself to do more.

We have all done a great and larger than ever Christmas give this year. We should all be proud of that. However, there really is a need to do even more this year. So, if you can donate, we will ensure all funds will go to local *Families in Need* right here in our community. Please note, we will provide you with a registered charity receipt for all donations over \$100.

We like to think that Don Mills Civitan is a place to call when you can help and a place to call when you need help

Thank you all, stay safe, and we wish you all Happy Holidays and a safe New Year.





Good morning fellow Civitans, today I delivered Christmas cards and gift cards to Greenland Public School from DMCC and the Simpson family. It was a wonderful experience to meet and talk to the Principal about how excited and thankful she was for our gifts, and to hear the little ones yelling and running around.

The new principal could not thank us enough and said these gifts would be life changing at Christmas time for the families receiving them. She explained some kids had no parents and were living with older siblings or with one or two grandparents, while others were single mothers.

She wanted to know more about Civitan and the work we do and asked me to forward information. She was a single mother herself so clearly understands the many hardships families such as hers are having. Her son played hockey growing up and she believes it had a very positive impact on his life; he still plays and coaches. I spoke to her about getting kids from the school into our hockey program once things get back to normal, and she is all in.

Thank you all for helping DMCC help families in need in our community at this festive time of the year.

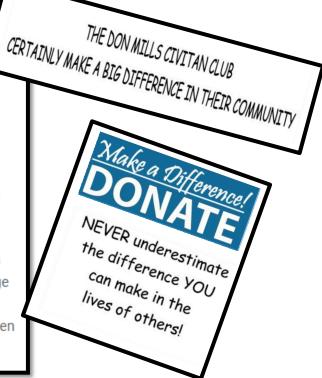
We rec'd a call from Jane Sleep, Executive Director, Jennifer Ashleigh Children's Charity thanking us for DMCC's \$2000.00 donation to the charity, which was matched by one of their anonymous donors, making the value of our donation \$4000.00.

# Jennifer Ashleigh Children's Charity



The mission of the Jennifer Ashleigh Children's Charity is to improve the quality of life for seriously ill children and their families... "when love is not enough." Norm Clements established this Charity in 1990 in memory of his granddaughter, Jennifer Ashleigh Clements who

died at age six months from a degenerative, muscular disease. Her younger sister, Danica, died in infancy of the same illness just two years later. The Jennifer Ashleigh Children's Charity assists children who are: - seriously ill; - have a permanent disability; - 18 years of age or under; - permanent residents of Ontario or Landed Immigrant status Our charity acts as a financial safety net, helping families when all other resources have run out.



Great way to start the year, with many more good deeds and community support opportunities to come in 2021.

Since Christmas the club received a generous grant from Aviva Insurance. With that, 40 gift cards were distributed to Senator O'Connor Collegiate.

## Dundas Civitan Club - #3212 President Bruce Davey

While the pandemic curtailed many of our club's activities over the past year, we were still able to host document shredding events in June and October. We are planning our next one for Saturday May 29. We will follow up with more details as plans develop.

Our Junior Civitan partners continue to be very active. Recently, they kept up a long-time tradition by hosting a "virtual" Valentine's Day dance for Club '95. The club was established back in 1995 to provide social events for persons with special needs. Both senior and junior members have contributed to making these events fun for all.

Speaking of Junior Civitan, we wish Ella Coburn all the best with her participation in the "All in the Summit" event. Our club voted to donate \$500 to the effort.

How have we been managing over the past months? We did an informal survey of our members to get an idea of how they are using their time during "lock down". Walking, as expected, turned out to be a major activity. The Dundas Driving Park has been a prime venue for exercise, and distanced outdoor meetings of friends. Other popular locations include the Hamilton Beach Strip, and the many conservation area trails. In at least one case, coffee and muffins have been an essential part of the walk. One of our members is an avid snow shoer.

Jig saw puzzles have been entertaining a number of us, and a lot of books are being read. Dominoes have made a come- back. Long-postponed projects such as painting and re-staining oak stairways have been undertaken.

We've been trying to keep in touch by phone, Zoom gatherings, and face to face visits where permitted. Grandparents have been helping their grandkids with on-line learning. Elderly parents and friends in need have been getting more attention.

We wish all our fellow Civitans and their families good health as spring finally approaches.

# We are doing it again! DUNDAS CIVITAN CLUB MAY 29th, 2021

SAVING TIME AND ENERGY: Your private information will be shredded on site.



## Halton Civitan Club - #3526 President Marlyne Van Exan

During the pandemic, our club has been holding monthly zoom meetings.

We are investigating different options to sell Claxton Fruit cake next year.

We are collecting milk bags to give to an organization in Hamilton where they cut the bags into 2-inch strips, then crochet them to make blankets. The blankets will then be donated to an Indigenous group.

We are helping the Burlington Jr. Civitan club with their purse project. We have collected books and purse items for them and the purses will be donated to the Native Women's Shelter in Hamilton.

New projects are also being investigated including an Easter project for some retirement homes in Oakville.

The Club will be sending a letter to International Director Pat McKinney indicating our concerns regarding the International By-Laws that will be presented at the International convention in July.

One of our major concerns would be the loss of our Canadian identity.

A small group of Halton Civitan Member got together to spread some Christmas cheer. They filled 50 purses with all sorts of personal products and treats for the Halton Women's Shelter and filled Christmas bags with goodies for Central West Specialized Developmental Services (CWSDS).







# Kawartha Lakes Civitan Club - #2721 President Ken Luff

## SPOKEN BY A MEMBER OF KAWARTHA LAKES CIVITAN CLUB:

l have been scheduling kettle volunteers at the Coboconk Foodland for the past few years. During my shift on Friday, l was absolutely overwhelmed by the generosity of our local community. Look at that kettle!

Thank you to the kettle volunteers and to everyone who contributes. Every donation helps the Salvation Army-- **Giving Hope Today**.



Fighting hunger and feeding hope, the Coboconk and District Food Bank is still operating in the Kawartha Lakes Club House. Just another example of working together to better the community.

# London Middlesex Civitan Club - #2383 President Darrell Blackwell

Hi everyone the London Middlesex sex club has been pretty quiet for the past couple months; we did have a great time with our tacky presents and we also did a Christmas afternoon for CLL it was an afternoon of fun and games starting with bingo which our club had Christmas prizes made up then we did an ugly Christmas sweater contest with CLL finishing up with a sing along of Christmas carols. Other than that, we have all been behaving our self by being on lock down but mostly keeping in touch.

Santa Darrell and his elf helper Pauline made the rounds today delivering the Club's annual Tacky Christmas gifts to members. This year the London Middlesex Civitan Club members look forward to opening their gifts later during a Zoom meeting.







The London Middlesex Civitan Club participated in some online (Zoom) Christmas fun one afternoon with some of the clients of Community Living London. Altogether there were 28 people on Zoom! Stephanie from CLL hosted 7 online Bingo games and then the participants gave some Civitan Club judges a closeup view of their Ugly/Festive Christmas wear. Three were chosen as winners including a Christmas tree outfit with lights, an entire plaid Christmas suit, and a pair of elves. All winners will receive a stuffed Christmas sock. The event ended with some Christmas music played by Barb on the piano with words posted so everyone could sing along. Merry Christmas from the Members of the London Middlesex Civitan Club!



## Midland Civitan Club - #1959 President Norma Johnston

Our Midland Civitan Reverse Santa Parade was huge success. A huge shout out to Civitans Mike & Barrett Tinney for all the hard work getting our floats ready and to the many other Civitans who "stepped up to the plate" to make this happen.

As with all Civitans, our activities have been restricted, however we have been having Monthly Board Meetings, via Zoom and 3 General Meetings. We purchased Zoom Pro so we are able to have 100 people on one meeting if desired. Our IT guru, Civitan Carol Frederick keeps us up and running. We owe her a debt of gratitude for this time intensive task.

At our recent General Meeting, the Membership voted to send a letter to our International Director, Civitan Pat McKinney, with our objections to the proposed By-Law changes by International, requesting that same be presented at the upcoming International Board Meeting.

We had the opportunity to do a short video presentation with Community Living Huronia, showcasing Civitan which was aired on You Tube, Feb 20, 2021 as part of their Red-Carpet Gala Evening.

Trusting all our Fellow Civitans staying healthy and safe.

# MIDLAND CIVITAN CLUB Support



The members of the Midland Civitan Club have been so thoughtful in their support of those who live in CLH supported-living homes. They have been mindful of the impact that COVID-19 public health measures would have, and wanted to help ensure individuals supported by CLH had plenty of activities to keep them active and engaged. Their donation in summertime enabled us to purchase Outdoor Yahtzee games for every single household, with a six-week-long competition to decide the Ultimate Yahtzee Championship. There were prizes for the winners: Lower Ottawa, Fowlie and Lescaut, and great fun all summer long.



**ONTAR** 





Christmas donation to CLH

PMENTAL

Pat & Joyce watching the Santa Parade



In September the Civitans made a second generous donation, "because this has gone on for so long" and this time they were the proud sponsors of a Halloween extravaganza, with pumpkin and cookie decorating, Halloween treats, and spooktacular fun for all.

Thank you to the Midland Civitan Club for its generous and caring support.





The event was a huge success with hundreds of vehicles making their way through Little Lake Park.

THE TRAFFIC

# Oakville Civitan Club - #1434 President Chris Smith

There is not a lot of activity to report especially given the lockdown.

After a successful, but shortened season, the market closed down at the end of November.

The Bingo Hall is closed pending lock-down restrictions but hoping to ease up soon.

The Golf Tournament has not kicked off as they wait to see what this season will bring.

Donations to the community have not stopped. A \$5 000 donation was made to Radius Child & Youth Services which is a specialized community-based organization that provided clinical assessment and counselling services to children, adolescents and families affected by interpersonal abuse. The Oakville location's waiting list had grown rather large so the donation was made to help fund more assessments.

The Christmas Family Project sponsored 5 Oakville families that included gifts from their wish list along with a turkey dinner and a basket of groceries for each family.

# PANJ 10





# Toronto Lung Transplant Civitan Club - #1870 President Russell D'ABreu

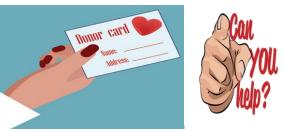
President Russell and he is was quite positive about what they are doing in terms of keeping touch with members. Their numbers remain static. The club continues to work on marketing strategies for their product lines which is going to be an ongoing fundraiser for the club.

The club is still restricted from going into the hospitals.

## ALL CANADIANS CAN MAKE A DIFFERENCE

- **Register** your consent to organ and tissue donation.
- **Discuss** your decision with your family, friends or partner.
- Support TLTCC in its programs to raise awareness about organ and tissue donation and transplantation.

The Toronto Lung Transplant Civitan Club (TLTCC) provides dynamic outreach programs and services to pre- and post-lung transplant patients and their caregivers. The other main mandate of the club is to increase organ donation awareness and to actively work to secure the commitment of the general public to give the gift of life and become organ donors.





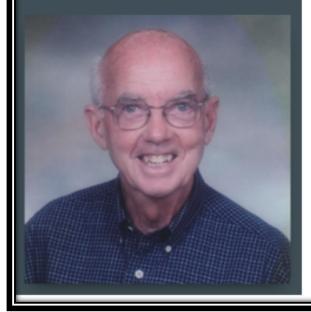


December 10, 2020, we had to say goodbye to Mari Pembroke, Ontario.

She was predeceased by: her spouse Melville Herman Molson; and her brother Iram. She is survived by: her children, Matthew Molson (Brenda), Leanne Woods (John) and Michael Molson (Tammy); her grandchildren, Amanda Wagner (Gordie), Jason Brandt (Samantha), Melisa Molson (Carlos), Brett Molson and Colt Molson; her great grandchildren, Jonathan Chaput, Kadence, Codan Wagner, Domanick Austin, Jaxon, Scarlett Brandt and Gracey Velazques; and her sibling Irvyn Groehl (Dianne).



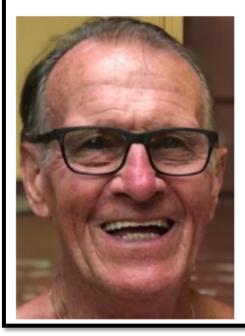
# Alexander Forbes BELL

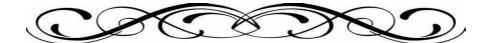


BELL, Alexander Forbes Alexander Forbes Bell passed away peacefully on Saturday, December 19, 2020 at Amica Swan Lake at the age of 91. Beloved husband and best friend for 69 years of Jean Bell (née Balmer). He will be sadly missed but always remembered by his daughter Susan (George Lumsden) and his son Steven. He was the loving Gramps to Jaime Lumsden (Vanessa), Jesse Lumsden (Hayley) and Lindsey Lumsden (JP); Bumps to Stephanie Bell and Corey Bell; and Great-Gramps to Lucy, Josie, Harrison, Betty, and Lottie Lumsden. In 1972, Alex founded Bellshire Limited, making folding cartons primarily for the cosmetics trade. He was a charter member of the Victoria Village Civitan Club. Alex loved to work with wood, either making furniture or refinishing old pieces. He survived so many health problems but the last fall was the end. The family will be having a private gathering at Dixon-Garland Funeral Home.



# PAUSE, Hein





Former member of the Midland Civitan Club, Hein-Rüediger Pause gently left this realm, surrounded by his family. Born in Berlin in 1937, Hein left Germany at age 19, with only two hundred dollars to his name and began a new life in Canada. Arriving in Gander, Newfoundland, he soon made his way west to Penetanguishene where he would ply his bricklaying trade along with his German buddies-- men he would remain friends with until the end.

Throughout his life, he volunteered in the community because he believed in giving back and was the go-to guy when something needed repair. He was 100 per cent dependable; a rare trait but one that Hein carried easily.



# Brent Ian Christopher Cuthbert Sept 12, 1938-October 22, 2020

It is with heavy hearts and sadness that we announce the peaceful passing of 1981-83 International Director of Region 5, Brent Ian Christopher Cuthbert on October 22, 2020, with family by his side.

Cherished husband of Pat, devoted father of Kevin (Melanie), Karen (Ken), Kathy. Loving grandfather of Erin (Anthony), Kirsten (Andre), Ashley and Zoe



# Carolyn Lloyd 1942 - 2020

It is with profound sadness that we announce the passing of the wife of Barry Lloyd who was 1975-77 International Director and 1974-75 Governor of Canadian District West.

Carolyn was born in Chatham, Ontario. Carolyn and Barry moved the family to Calgary in 1981 to start a new life together with their girls. Carolyn will be lovingly remembered by her husband Barry of 45 years, her children, her seven grandchildren, and her siblings.

# **Governor Elect's Message**



Hello fellow members of Canadian District West.

We hope you are well and are being safe. As Civitan Paul mentioned it has been one year with this virus and we hope everyone is trying to be safe.

As far as the concerns of what is going on at International most of us have our own opinions and I do hope that all the club Presidents have informed their respective clubs what is going on.

The board has some ideas and we will bring them to the Spring Convention and go from there.

The main concern right now is that we are all safe and careful so we can back doing what we love to do for this organization.

If you have any questions please contact me or Governor Paul and we will do our best to get some answers.

Darrell Blackwell

Governor Elect

**CDW** 



# Proud to be Canadian

With glowing hearts, we inspire. We dream. We say please, we say thank-you. We are young. We are ready. We are strong. We are civilized and gentile. We are a nation that has variety, that has grown from what it used to be. We are free to use our voices, To make our own choices. We are full of surprises, waiting for the world to discover. We are an idea in the process of being realized. We don't just say, we do. And we aren't just different from America, We are our own country, Different from The world, And we are Canadian. Proud to be Canadian.

loyce Evans:

jaevans@rogers.com



Pat McKinney: jmckinneyo1@rogers.com